



Laser Hair Removal

Pre treatment:

- The day before or the day of, please come clean shaven to your appointment. The treatment can not be performed on any areas that are unshaven.
- Please avoid additional sun exposure or artificial tanning as this can affect the treated areas.
- Avoid these products/procedures 8 weeks prior to treatment:

Electrolysis	Waxing
Depilatory Creams	Tweezing

What to expect:

- Laser hair reduction consists of multiple treatments over several months to obtain treatment goals.
- There may be some discomfort or pain during the treatment.
- Redness may occur immediately after the treatment.
- Treatments on the face are scheduled 4-6 weeks apart.
- The first three treatments on the body are scheduled 6 weeks apart and 8 weeks apart starting at treatment number 4.

Post treatment:

- Cold packs may be applied to reduce discomfort if needed.
- Please avoid hot baths, saunas, hot tubs, and heavy exercise for the first 24 hours.
- Please avoid tanning post treatment as it may cause hyper-pigmentation.
- Do not shave or exfoliate treated area for at least 24 hours after treatment.
- Makeup may be applied as soon as immediately after the treatment.