



Bridget Walker, MD

~ Mohs Micrographic Surgeon

PRE-OPERATIVE INSTRUCTIONS

Dear Patient,

You have been scheduled with us for Mohs micrographic surgery to treat skin cancer. Please review the enclosed information packet which contains pre-operative instructions, information about the surgery, and a health questionnaire.

Prior to your surgery:

- Continue to take blood thinners or aspirin if these have been prescribed by your doctor.
- If you take warfarin (Coumadin or Jantoven), you will need to have an **INR checked 3 days prior to your procedure**. Please fax these results to our office at 970-964-4038. If your INR is higher than 3.5, we will need to reschedule your surgery.
- If you take aspirin, ibuprofen, naproxen, celecoxib, diclofenac, or other NSAID medications that **HAVE NOT** been prescribed or recommended by your doctor, please stop taking these 10 days prior to surgery.
- Discontinue all vitamins and herbal supplements 10 days prior to surgery.

On the day of your surgery:

- Eat a healthy breakfast and take all of your medications as prescribed (unless otherwise instructed).
- Do not wear any makeup.
- Wear old, comfortable clothes.
- **Plan on spending 3-6 hours with us**. You are encouraged to bring snacks and reading material.
- Bring the completed health questionnaire form with you to your appointment.
- Bring a list of all current medications.
- Bring a driver for your return home.

Your referring doctor will send the results of your original skin cancer biopsy to our office prior to your appointment.

We hope the enclosed information will explain the procedure and help put you at ease as you prepare for your visit. If you have additional questions, please call our office at 970-964-4036. We look forward to the opportunity to serve you!

Sincerely,

Dr. Walker and the team at Montrose Dermatology + Cosmetics